

BETH EL LIFE
THE MONTHLY
BULLETIN OF
TEMPLE BETH EL
CONGREGATION

800 N. Palafox Street
Pensacola, Florida 32501
850-438-3321

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We're on the web!
templebethelofpensacola.org

TEMPLE BETH EL

Share our past Shape our future

June 2021

Sivan - Tammuz 5781

Temple is Reopening June 1

I am excited to welcome June and with it the return of indoor worship, in-person adult learning, and the resumption of other in-person Temple programs!

As we transition back to indoor, in-person activities, a number of safety measures will be in place including encouraging social distancing in the sanctuary, a request that attendees not yet vaccinated wear masks, and the placement of hand sanitizer stations throughout the facility.

It is our belief that these steps, combined with the high percentage of Temple members who are vaccinated allows us to safely meet inside our beautiful Temple.

A live stream of services will continue to be available on the Temple website as well as Facebook page. The option to join worship via Zoom will be discontinued on June 4.

We are optimistic that progress in the fight against Coronavirus will continue and additional **steps toward "normal Temple life" will be possible** this summer. At the same time, we continue to monitor health information and will make any necessary adjustments to keep our congregation and guests safe.

Thank you for your continued support and friendship.

See you at Temple!!

L'shalom,

Ray Engel
Temple President

Connect to Worship and Study Opportunities

Shabbat Worship

Friday June 4, 6:00pm

Friday June 11, 6:00pm

Friday June 18, 6:00pm

Friday, June 25, 6:00pm

Services will be held in the sanctuary.

A livestream is available

at templebethelofpensacola.org.

Torah Study

Saturday, June 5, 9:30am

Saturday, June 19, 9:30am

Torah on Tap

Tuesday, June 1, 5:00pm, Gulf Coast Brewery

Save the Date

Special Program for Jewish Book Club

On July 17 at 7 PM board member Brenton Goodman, grandson of Fred Levin Esq., will join us at Temple Beth El to discuss the recent book about Brenton's grandfather's roller-coaster life. **"And Give Up Showbiz?"** is both shockingly candid and wildly funny. It offers an entertaining close-up look at the extraordinary life of a top trial lawyer who was a pioneer in establishing American personal injury law. Seen as an inspiring innovator by some and a flamboyant self-promoter by others, Fred not only fought against Big Tobacco (where he won an unprecedented \$13 billion dollar settlement in the early **1990's**), he has won victories for women, African Americans, and workers everywhere. He also managed one of **the world's greatest boxers, avoided multiple disbarment attempts**, became a chief in Ghana and was a person of interest in two separate murder investigations. Contact Bill Zimmern for further information.



Torah on Tap is Back in Person!!!

Tuesday, June 1, 5:00pm

Gulf Coast Brewery, 500 E. Heinberg St.

Torah on Tap heads "back to the bar" as we resume in-person learning.

Our topic will be "Should We Be Sitting Here? Covid, Risk, and Jewish Tradition."

Schmoozing begins at 5:00, Learning at 5:30

Sisterhood Message

Dear Sisters:

During our May meeting via Zoom, our very own Barry M. Crown, PhD, shared tips for coping with stress and anxiety resulting from our past year of living with the COVID19 pandemic.

The top takeaways:

1. Engage in good sleep hygiene.
2. Learn how to reframe the issue causing stress. One way would be to review the evidence around your concern. Is it realistic? A thought and a worry is different from a fact. Sometimes we don't interpret facts accurately because our emotions lead us astray.
3. Learning Mindfulness meditation techniques will help you focus on the "here and now" rather than dwelling on the future possibilities or past events. One form of Mindfulness involves immersing yourself in the sensorial pleasures. Naturally, my fave is eating. Seeing, smelling, sensing the texture of the food, identifying the different flavors, hearing the sound of food as you chew or break it apart-it's all a mental vacation from the crazy world we live in. If you need a how-to on Mindfulness meditation, YouTube has numerous choices, there are free apps, or sit outside and just sense the breeze, the smells, the sounds, the temperature, the weight of your shirt on your shoulders. Just be.
4. Your doctor has told you, your partner or friend has told you and now you're hearing it again for the umpteenth time. Go for a walk.
5. You can always call a friend. I'm here. 850-516-4324.
6. Or if you would like to speak with a mental health professional, you can contact our own Rachel Larson at 850.291.0978. She is available for in person or TeleHealth appointments. She's pretty terrific at what she does.

Barry, thanks so much for sharing your wisdom.

Happy Summer, my Sisters! See you all in September!
MAKS

June Birthdays and Anniversaries

June Birthdays		27th	Asher Nissim
1st	Matthew Dannheisser	28th	Rich Cacace
	Max Bear	29th	Chad Bonner
3rd	Ben Rosenbaum	30th	Jonathan Zimmerman
7th	Bobby Marcus		Lillian Haims
	Judith Salpeter	June Anniversaries	
8th	Samuel Wein	1st	Marty and Chuck Lisner
	Jackson Radon		Barrie and Bruce Lamb
	Benjamin Zimmerman		Kimberly and John-Daniel Sullivan
10th	Julia Bear	4th	Mandy and Paul Miller
11th	Lauren Marcia Rosenblatt	6th	Shirley and Charles Kraselsky
12th	Elissa Erskine		Josh and Felicia Schneidman
	Ed Faulkner	9th	Marny and Don Needle
14th	Faye Rosenbaum	10th	Natalie and Dan Soloway
	Marty Lisner	11th	Penny and Melissa Featherstone
	Sharon Marcus		Samantha and Zachary Templin
	Mary Jo Pelton		LeAnne and Matthew Steiner
16th	Aaron Yaseck	18th	Wesley and David Landa
	Sara Morris	22nd	Jean and Don Rosenberg
17th	Brooke Rayborn	24th	Dawn and Bill Wein
18th	Ava Brener	26th	Faye and Scott Rickoff
21st	Felicia Schneidman	28th	Junetta and Luke Clark
22nd	Alexandra Brown	30th	Renee and Greg Rich
23rd	Dr. Barry Crown		
24th	Jennifer Elzweig		
26th	Carly Landa		
27th	Isabella Marina Olensky		



Donations

Rabbi's Discretionary Fund:

A donation was made by Roni and Alisha Mor

A donation was made by Perry Finck

Temple Beth El General Fund:

In memory of Hal Marcus from Bill and Beverly Zimmern

"Mazel Tov to the Confirmation Classes of 2020 and 2021"

Class of 2020

Ryan Rosenblatt, George Bach and Sarah Hochhauser



Class of 2021

Asher Nissim and Mitchell Singh



Congratulations and best wishes to high school graduates



Hannah Buchalter
Julian McCulley
Gavriel Moshe



Yahrzeits

To be read on June 4:

May 29th Allan Lemmon
Samuel Silver
Earle Jerome Levin
30th Rose Bunnen
Nessie Tucker
Joe Van Wezel
Jennings Hertz
31st David Herschkovitz
Fredrick Greenhut
Rebecca Goldenberg
Esther Cohn Lurie
Irving Glustoff
William Rickoff
Jane Kugelman
Gordon Barry Kahn
1st Marjorie Lemer
Anna M. Eadews
2nd Mary Elizabeth Eisenson
Edgar Harrell
Robert Bunnen
3rd Max E. Kahn
Frank Engel
Evelyn Lisner
Aaron Lett
4th Isadore Levy
Florence Finkelstein
Liz Greenhut Fauth
Susan Bear Leath
Sivan 20 Louis Isidore Addleman

To be read on June 11, con't:

10th Ida Friedman
Ely Korn
Harold Schops
Edith Justine Kieksy
Maria Alshutz
11th Joanne Cohn Yocum
Magdalene Bernstein
Thomas Monahan

To be read on June 18:
12th Bernard Samuel Schwartz
Ellis Herr
Minnie Osber
13th George Goldberg
14th Melvin I. Bookman
Ruth Siegel
15th Bertha Berlin
Don Hackel
Arthur Feinstein
16th Harry Wagenheim
Lewis Gobel
Polly Rickoff
Anita Silberstein
17th Sally B. Kahn
Sarah Stein
Peg Zewe
18th Lewis Kenneth Cahn
William Morgan Davidson
Alexander Brunstein
Walter Price

To be read on June 25, cont:

21st Irene Bruchmann
Nelly Khatena
22nd Annie Herschkovitz
Emma Goldman
Elaine Shirley Miller
23rd Carolyn Cole
Anna Frank
Esther Laitman
Bonnie Jacobson
24th Esther Schwartz
June Silver
Jacob Kahn
Helen Schulein
25th Albert Alexander
Katherine Hutton
Jack Zimmerman

To be read on July 2:

26th Maurice Stein
Bertha Levy
Sally Loeb
Molly Vigodsky
27th Taube Gilenberg
Ruth Haisfield
28th Ceal Taub Gordon
Leo Loeb
Norman Gordon
29th Frieda Dannheisser
Blanche Lischkoff Barrett
Ruth D. Haisfield
Estelle Jorish
Margaret Lyon
June Vigodsky Gross
30th Versal Mayberry
Dorothy Yudkovitz

To be read on June 11:

5th Rebecca F. Freidman
Dr. B.V. Dannheisser, Sr.
6th Fancine Lanar
7th Lewis Greenhut
Lillian Bloom
Dean Shale Rothbardt
Stephen William Gibson
8th Ayleen Hargis
9th Joe Gundersheimer
Edward Wein
Melvin I. Dashevsky

To be read on June 25:

19th Jake Bear
Marian Hodgkinson
Max Levin
Danny Gross
20th Elsa Kohn
Maurice Bartley
Joseph Schwartz
Louis Gordon
21st Jake Berlin

It is with a heavy heart that we share news of the passing of long-time Temple member, Hal Marcus. The congregation extends its condolences to **Hal's loved ones** and many friends throughout our Temple community.

Zichrono L'vracha
May Hal's memory
long endure as a source of comfort and blessing.



Donation Form

Send this form with your check to:
Temple Beth El
800 N. Palafox Street
Pensacola, Florida 32501

Circle one:
In memory of / In honor of:

(Name or event)

Donor: _____

Address: _____

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- School for Jewish Living
- Sylvia Rosenbloum Cole Music Fund
- Social Justice Fund
- Collections and Exhibitions
- Peter Van Wezel Youth Fund
- Jonathan L. Kahn Library Fund
- Fannie W. Frenkel Perpetual Cemetery Care Fund
- Rabbi's Discretionary Fund**
- Mitzvah/Caring Fund
- Security Fund
- The Lewis and Belle Bear Family Temple Beth El Facilities Endowment Fund
- Capital & Maintenance Reserve Fund
- Temple Beth El Endowment Fund

RETURN SERVICE REQUESTED

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June 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Torah on Tap 5pm Gulf Coast Brewery	2	3	4 Shabbat Service 6 pm TBE	5 Torah Study 9:30 am
6	7	8 Two Jews, Three Opinions 11:30am	9	10	11 Shabbat Service 6 pm TBE	12
13	14	15 Two Jews, Three Opinions 11:30am	16	17	18 Shabbat Service 6 pm TBE	19 Torah Study 9:30 am
20 Father's Day	21	22 Two Jews, Three Opinions 11:30am	23	24	25 Shabbat Service 6 pm TBE	26
27	28	29 Two Jews, Three Opinions 11:30am	30			